



Our specialty is you.

232 S. Woods Mill Road
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Department of Nuclear Medicine & PET/CT
Desloge Outpatient Center - Building A: 314-205-6538

Positron Emission Tomography (PET) Rubidium Myocardial Perfusion Imaging (MPI)

Appointment:

Date and Time: _____, _____, 20____ at _____ AM PM

Do not eat after _____ on the day of the test.

Registration:

Please register on the first floor of the Desloge Outpatient Center - Building A.

Park in front of the Desloge Outpatient Center or you may use valet parking.

What information will this give my doctor?

This test will show blood flow to your heart and how your heart reacts to stress.

What do I need to know before I get there?

The day of your test, we ask that you **do not eat** anything 6 hours prior to arriving for your test. You also need to restrict all caffeine and nicotine for 12 hours prior to your test. Wear comfortable clothing and good shoes for walking. Your doctor will inform you whether or not to take your medication the day of the test. If you have questions concerning your medications, please contact your doctor.

How long will it take?

The entire test will take about one hour. An injection of a rubidium tracer will be given through an IV that will help us take pictures of your heart. These images only take a few minutes to capture. After these images are gathered, you will be given a medication to stress your heart. Another injection of the rubidium tracer will be given and another series of images will be taken during the stress test. The physician will evaluate your heart by reviewing these various images.

If you have any further questions, please speak with one of the Nuclear Medicine technologists.

**This information is not intended to replace an informed discussion between you and your physician.*

